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folded by many others, including you.

It was made, designed, painted, stitched, cut,

Mesoamerican cultures and ecosystems.



INDEX 4-17 Plants Animals 18-27 28-36 Humans 37-55 Earth

PLANTS





ysenbs

the Americas. continued to flourish beyond by 1,000 AD, a practice that has spread through the Americas idea of polycultural cropping soil as they grow together. This plants, they also regenerate the They are not only nourishing for together on the same land. multiple crops are grown cropping system, which means the Mesoamerican polycultural are the three sisters that form vines. Beans, corn and squash to beans, squash grow on before corn and beans. Similar Squash was domesticated



with a slit-drum, while another priest carbertorming the nightly tozohualiztli ntual Codex Mendoza, Fol 63r (portion). Priest

ries an incense ladle. Image by A.A. Both

been tound in deposits. examples of these have ceremonial life, many important role in Mayan and flutes played an cups. Gourd trumpets objects like bowls and to functional domestic and drums; in addition flutes, shakers, trumpets, cal instruments such as hollowed to make musigourds are dried and Squashes, pumpkins and





Advertisement of Peter's Swiss milk chocolate in The West China Missionary News (vol. XI, no. 1; Janu, ary 1909). Chentu, Szechwan Province.

CHOCOLATE

DELEKS

as an important element of

with the early 20th-century,

sew ososo se besilenaed

chocolate has been advertised

with butter and sugar. Starting

ground and retined and mixed

tion became more and more

Fricopean chocolate produc-

cacao using Indigenous and

Spanish, British, French, and

Dutch colonies began planting

African slave labor. Slowly,

-WIII

Furopean culture.

SUME



and Madrid codices.

orner groups.

graphic form in the Dresden

about cacao in ideo-picto-

VISIONS. It was consumed in

made from cacao produced

cacao around the year 1900

termented alcoholic drink

The Olmec domesticated

BCE. It is believed that a

The ancient Maya wrote

Cacao



This collaboration between humans and teocintle also gave birth to deep forms of spirituality for which corn is central. In ancient sacred stories, humans were created from corn.



is grandmother Xmucanei and grandfathe Ixpiyakok. Xmucanei is grinding corn to create the first humans.

ago, Teocintl or Teocintle was nurtured into becoming the most sacred plant for Mesoamerican cultures: corn.

Approximately 9,000 years

Corn



SUBSA



versified gardens and these were grown together in dilearned that ancient plants and gardens. This is how we sug it preserved their tields ifte of a small Mayan village, time a regular day in the volcanic eruption troze in El Salvador. In this place, a northwest of San Salvador, Valley, 36 kilometers Incated in the Zapotitán is located in Joya de Cerén, ancient forms of agriculture teaches us so much about One beautiful garden that

included great varieties.

they grow together in corn fields

vine, together they are stronger,

and to absorb protein. Corn is a

beobles to nurture their bodies

allowed ancient Mesoamerican

combination of corn and beans

Mesoamerican civilizations. The

enabled the emergence of great

beans was central to the diet that

The combination of corn and

tall grass and beans grow in a

called Milpas.

Joya de Cerén Archaeological Site Joya de copyright of © Colinmac



Potatoes

From the Florentine codex

s) ithusuri to noitevitius neidmulos-er

Potatoes are a tuber and grow under the ground.

A symbol of French, Dutch or Irish cultures, potatoes are not native to Europe. They migrated there in the 1500s as a result of European colonization of the Americas. Originally, potatoes were grown in the Andes

in ancient times According to the Potato International Center, which preserves potatoes' biodiversity, over 4,000 varieties of potatoes continue to exist in the Andes. Potatoes have

migrated all over the world. Today,

the United States, Ukraine, India.

However, the greatest variety of

potatoes continues to exist in Peru.

Potatoes were the first vegetable

Space Station.

grown in space, at the International

potatoes are grown as far as China,

In ancient times it was a sagrains in the Americas. It Amaranth is one of the oldest **Amaranth**

continues to cross borders. reasons, but it survives and it was prohibited for these same the Spanish arrived, Amaranth development of culture. When ant boares and the making it important in the drates, protein, and minerals, has a combination of carbohyspiritual dimension, amaranth the Aztecs. In addition to its cred grain, especially among

> approximately in 2000 B.C.E Mexico and Central America, arose in what is now southern



Lady Kanal-Ikal en ocado tree on the side of

Janaab-Pacal's sarcophagus

(Martin 2006:162).

from ancient knowledge Other natural remedies

- Verbena for postpartum aches
- Llanten for burns and delivering
- mothers
- selvia Santa for headaches
- Apasote for amoebas
- Estivia for diabetes
- Orosus for cough
- Inojo for gastritis

- Jilomacho tor kidneys Guanaba for diuretics

Photo by Douglas Carranza

Photo by Douglas Carranza

mervous system

Saléndula

Calèndula calms your

Avocados are a source of vitamins

They originated in Mesoamerica,

and minerals as well as non-saturated fat.

Salvador, and Honduras as well as in cen-

tral Mexico. Avocados were also grown

thousands of years ago in some parts of

South America. Their name derives from

the nahuatl word ahuacatl. In Mexico and

Central America it is known as aguacate,

Avocados were brought from what is now El Salvador and

other efforts to bring crops for profit to California. Avocados

Today, almost half of the avocados produced in the world

are grown in the mountains of Michoacán. The production of

avocados as a monocrop in this region has greatly impacted

the environment, producing deforestation in the mountains of

Michoacán, reducing biodiversity, polluting the environment

Avocado exports produce millions of dollars annually, and as

a result, production and trade has been linked to organized

Guatemala to California by the United Fruit Company and

in South America it is known as palta, a

word derived from the Quechua.

are the state fruit of California today.

with pesticides, etc.

crime.

particularly what is now Guatemala, El

Avocado

Dates are native to the Persian Gulf area of the middle east, where they have been cultivated for at least 6000 years, longer than many other fruit crops. Date plantations were established in the Coachella, Indio, La Quinta, and 29 Palms as part of an effort to bring new crops to California for profit. 95% of all date harvesting in the United States happens in the Coachella Valley in the Southern California desert.



Dates

today.



Oranges were brought from India and other regions of the world to California as part of a program called Agricultural Explorers created by the US Department of Agriculture. Historic orange plantations still exist in the San Fernando Valley as well as in the San Gabriel Valley

Oranges



Healing Plants and Rituals

properties of many plants. healing requires the comprehension of the healing of how to restore life. The practice of community communities sharing the precious understanding an experience of thousands of days, and multiple Knowing about curing and restoring our bodies is ing and powers of resistance in difficult times. nurtured everyone. Plants have provided heal-Yala mother earth, animals, and plants have In the experience of the original people of Abya

Central America and Mexico, but also in immigrant gardens or huertos in the original communities of Medicinal plants can be found in community

.been the need.

-bneqeb beitibom

static; they can be

city of Los Angeles.

edit ni seitinummoo

and working class

Recipes are not

Photo: Douglas Carranza Altamisa & Nahuat Pipil Altar (Nahuizalco, El Salvador)

Photo: Douglas Carranza

up to two years.

Luisa helps to relax.

Maria Luisa or Yerba

Maria Luisa

Photo: Douglas Carranza

Romero

Ceiba Trees

A ceiba is a large tree that is

able to store water, forming

large thorns throughout its

entire body. It is lush and

beautiful and its seed pods

shed cotton-like fibers that

blankets. The root system

of a ceiba tree is also large

and it expands deep into the

earth. For this reason, since

ancient times people in

Photo by Beatriz Cortez

Page 76-75 from Madrid Codex

Mava and other ancient Meso-

representations of a ceiba tree

In contemporary times, ceiba

they were brought here from

trees grow all over Los Angeles,

places as far south as Brazil and

also from Central America and

in codices.

southern Mexico.

american cultures, and there are

in ancient ceramic, in stone, and

Mesoamerica believe that a ceiba is a portal to the Underworld

and a way to reach the sky. A Ceiba is a sacred tree for the

can be used for pillows and

a belly in its trunk. It has

Huerto Kotzijay, Chimaltenango

Romero, Calendula and Maria Luisa at

and might prevent hair loss.

sches, helps the body relax,

Romero alleviates stomach

It can be stored for tea for

ANIMALS



Cranes fly over borders, seeking their place of gathering with thousands of other cranes on the banks of the rivers in Nebraska.

Each year cranes from all over the Americas gather in Nebraska. It takes more than one generation to make the journey there. The information and coordinates for the journey are transmitted from generation to generation, making visible the role of intergenerational memory in the process of their migration.

Cranes



Monarch Butterflies

Sm9dt dtiw

Mayan ceramic owl figure from Chiapas

Owls often migrate at night.







and into Mexico and Central America. Some types of owls migrate searching for warmer weather. Other types of owls have periodic migrations, every 3 to 4 years. They migrate further south for reasons unknown.

Unlike in Western traditions, where owls are a symbol of death, owls in Mesoamerica carry positive meanings of life and survival. They are considered messengers with a deep connection to the spiritual world.

Owls migrate in different patterns. They cross borders all the

way from the Arctic across Canada and the United States

Owls



around the world. bne noiteN oleveN adT, acion and red for people of the Amerstill an important source of ple knowing its history. It is Southwest, with few peowhat is now the American Cochineal surrounds us in



lmage by Tanya Aguiñiga

Cochineal

sacred life. Mesoamerican ceremonial and became an important part of the second century BC and Oaxaca, Mexico, as early as peoples in what is currently ed by Zapotec and Mixtec The insect was domesticatinsects produce carmine red. opuntia cactus and the female is a parasite that feeds on to Mexico and Peru. Cochineal The cochineal insect is native

"cochineal the grain." Spanish, which translates to calling it "la grana cochinilla," in hide the insect's true origin by as silver. The Spanish tried to cochineal became as valuable colonization of the Americas as and export red, helped fuel the The Spanish desire to control pigment did not exist in Europe. of the Americas, a true red Before the Spanish conquest





61 bivoD

in ancient times. remedies for illnesses that did not exist lenipibern emoped even brie strem forted migrants in different environmany borders. They have also commigrated along with people across Medicinal plants and remedies have

Orusus, eucalyptus, ginger, garlic, contains the following ingredients: of migration. One example of this tea places of origin and also in their places symptoms of Covid 19 both in their peoples use to alleviate some of the One example is the tea that Maya

sacate limón y menta Orusus, eucalipto, jengibre, ajo,







next generation of butterflies know where to go? Do they

butterflies lay eggs for the next generation, but how do the

acán to different locations in the north. Along the way, the

central and southern Mexico, from the mountains in Micho-

a particular type of monarch butterflies migrate yearly from

Perhaps one of the most emblematic symbols of migration,



indigenous Pacific Northwest cultures. Salmon undertake long and strenuous journeys during their migrations from freshwater to the ocean. Some salmon travel thousands of miles during their lifetime. Sockeye salmon from the Pacific Northwest might swim up to 4,000 miles round trip from the ocean to their spawning grounds. They navigate long distances to return to the exact stream or river where they were born to reproduce. This ability to find their way home is not completely understood but is believed to involve a combination of geomagnetic cues, sense of smell, and memory. After reproduction salmon often die, and their carcasses provide important nutrients to rivers ecosystem.

Salmon

The annual reproduction of Salmon's is celebrated in many



Jaguar

record of the region. archaeological and historical leaving a lasting legacy in the life, art, and religious practices, woven into the fabric of daily realms. Their presence was the natural and supernatural and the interconnection between representing power, spirituality, role in Mesoamerican culture, Jaguars played a multifaceted



between the realms of the living

spirit guide that could traverse

and often depicted as a deity or

a guardian of the underworld

.beab and the dead.



Museo de Antropologia, Mexico carved sculture, 1250-1500 AC Oceloti Cuauhxicalli . Mexica



Whaling became a practice that could be defined as the genocide of the whales. Throughout the late nineteenth and early twentieth century whales were killed in massive numbers in order to use their blubber to provide heat and to light up entire cities in Europe and the United States. During the industrial revolution whale oil became a common lubricant for machines. Whaling is now illegal in most countries around the world. Whales survived their genocide.

south.

Whales





travels over 3,000 miles south. The fourth generation lives much longer, up to 9 months, and weeks and it takes three generations to make the trip north. of Canada. Each of these butterflies lives approximately 6 and mid-western United States, as well as southern parts Monarchs migrate north to different locations in the Eastern, There is much that we can learn from Monarch butterflies.

Winter. Have you seen them? Unites States and Canada migrate south to California for the Other populations in the western and central parts of the

wings without the Earth's gravity, but two of them did. on Dec 3 and 4, 2009. They had difficulties expanding their gravity butterfly habitat" and all three butterflies emerged Space Station. The caterpillars were placed inside a "micro spaceshuttle Atlantis and were sent to the International On November 16, 2009 three caterpillars were placed aboard

> It is believed that there is a whale of interspecies nature that sings at 52 hertz, outside hearing range for all other whales. This whale, also known as 52 Blue or 52, has been recorded traveling the oceans around the world. It is believed to be alone because no other whales can hear its call. To this day, no one has seen it or determined its migration patterns.



2000 BCE - the present Fhe Maya

Guatemala, El Salvador, Honduras, Belize, and to migrate. porary Maya continue to live in their regions of origins in Mexico, from the first millennium before our era to the 1500. The contemflourished in Mesoamerica all the way to the Yucatan Peninsula tions organized in independent city states. The ancient Maya including the Olmec migration. The Maya formed great civilizaemerged as a result of different groups coming together, The Maya emerged around 500 BCE, it is possible that they



Original photo by Juan Carlos García, Wikicommons. Modified

as monumental forms of art and architecture. most complex writing systems in the ancient world, as well a deep understanding of time, precise calendars, one of the The Maya developed a civilization that produced spirituality,

SN

1000 BCE - 600 CE Teotihuacán



Image: Anuska Sampedro. Getty Images

instance Kaminaljuyu. ing with the Maya in sites today located in Guatemala, for By the year 200 CE the people of Teotihuacán were tradsouthern Mexico and the northern half of Central America). won zi tshw) sorrende Mesoamerica (what is now rao. Teotihuacán style of art and the impact of Teotihuacan in and to what is now Nicaragua, where they became the Nicaand to El Salvador, where they acquired the name of Pipiles, styles. The nahua moved to other parts of southern Mexico to other landscapes and impacted other cultures and art huacán, the Teotihuacán style of art, and its culture migrated 125,000. Many of the people who built the great city of Teotigration to the urban center, at some point the population was of its time. The city was planned, and there was a great mi-The city of Teotihuacán was the largest Mesomerican state

> to other places, especially to trade. The Olmec worked in large basalt stones and small jade and other precious stones but they also made wood carvings and worked in painting. Their most ephemeral paintings did not survive but some of their cave paintings did. Olmec ideas about the cosmos or about the underworld, the sacred nature of a jaguar, or the movement of mountains, as well as forms of art including facial features, carving stone stelae, making thrones and altars in stone, making headdresses in feathers and other precious materials, have been found in Teotihuacan, in Tenochtitlán (today Mexico city) and in

Maya art. The Olmec traveling ideas and forms of art are evidence of their migration. The Olmec had trade routes along the Pacific coast all the way to Chalchuapa, in what is now El Salvador, this is more than 500 miles away from the Olmec heartland.

Some of the Olmec monu-

ments have also migrated,

context, sometimes against

San Lorenzo Monument 1, an Olmec statue

carved from basalt between 1200 and 900

B.C., being installed in front of the Seagram

Building in Manhattan. The statue is now in

the collection of the Xalapa Anthropology Museum in the state of Veracruz, Mexico

May 18, 1965. Credit: Eddie Hausner/The New

sometimes out of their

their will.

Times

The Olmec

100 or 400 CE

2500 or 1800 BCE -

Olmec people emerged (in

what is now Veracruz and Ta-

basco) and moved from there

800 CE The Chorotega

of Guanacaste. Costa Rica's northern province of Nicaragua and what is now and settled in the Pacific coast The Chorotega migrated south

cultural exchange networks. Aztec, through trade and including the Maya and the other Mesoamerican cultures, They also had contact with the Micarao in Micaragua. the Pipil in El Salvador and indigenous groups, such as tions with neighboring The Chorotega had interac-



the Americas Collection

From the Minneapolis Art Institute Art of

Chorotega, Pot (Olla), c. 300 - 799 BCE.

the Americas Collection From the Minneapolis Art Institute Art of Chorotega, Fugure, c. 300-799 CE.



territories in order to maintain this empire.

The Mexica (Aztec)

1300 C.E. - 1523 - present



Columns in the form of Toltec warriors in Tula

Chichen Itza, where the stone warrior columns from Tula are

the ideas, art, and architecture of many sites, but especially

Quetzalcoatl. They migrated to the south east, impacting

established the great city of Tula and practiced the cult of

spoke Nahuatl and are the ancestors of the Mexica. They

The Toltec emerged in what is now Central Mexico, they

The Mexica migrated, according to their own story of creation, from Aztlan, which is believed to be located in today's state of Nayarit, in what is now Mexico. They established an empire, the great city of Tenochtitlán in central Mexico over lake Texcoco, and they grew an empire that expanded all over Mesoamerica. The Aztec traded, and labored in different







replicated.

220 CE OL 100 BCE - 1100 CE

The Toltec

set of 16 casta combinations (racial classifications in Spanish colonies in the Americas). Oil on canvas, 148 cm x 104 cm (58 1/4 inches x 40 15/16 inches). Museo Nacional del Virreinato, Tepotzotlán, Mexico



Casta painting containing complete

The Europeans arrived with ideas about nobility and considered labor a sign of inferiority so they tried

to enslave as many people as possible. They also

brought ideas about purity of the blood, which

created hierarchies and was the foundation of a

over Latin America and among immigrants in the

the Americas in the name of Catholicism.

system of racism that survives until present times all

United States. During this period the Europeans colo-

nized, destroyed, and enslaved Indigenous peoples in



The Spaniards, Portuguese and French 1492 - 1821



Earthquakes

Image from Equal Justice Initiative

African forced migrations

For the most part, Black migrations

were not voluntary, they were forced

and were a result of the enslavement

of African peoples. While slavery was

eliminated in other territories much

earlier, in the United States, slavery

was abolished in 1863 through the

Emancipation Proclamation.

1521 - 1863

further to the south. Earth also moves following the movement of different plates between the Pacific and the North American plates. The plates move as the San Andreas Fault forms the boundary the US / Mexico border. Below the ground, great tectonic On the surface of the Earth, the San Andreas Fault crosses

.notiom massive body. It was believed that the snake was in constant the ground, and that the mountains were the turns of its snake of massive proportions lived in the Underworld, under Since ancient times, in Mesoamerica, it was believed that a

bniW 9dT

Serpent.

temporalities. particles of many lives and many on the move, and it carries with it atmosphere. The wind is always of the air we need to live, of the representation of our breath, for centuries. The wind is the has been considered sacred the shape of a large letter T, ings as a void, a perforation in in ancient codices and in build-The wind, often represented

by Hurricane and the Plumed Popol Vuh, the Earth was created around a calm center. In the Earth rotating a powerful storm across the planet, crossing the Hurricanes move periodically



lmage by Kari Short

Plumed Serpent illustration from Dresden Codex



Volcances

collapsed into a caldera forming Lake llopango. northern hemisphere. At the site of the volcano the cone the sun. They landed all over the planet, especially in the for over 18 months, floating in the atmosphere, darkening erupted in what is now El Salvador. Its particles traveled Approximately in the year 536 CE the llopango volcano

names are many: Popocatepl, Cotopaxi, llamatepec, etc. particles of the underworld to the surface of the earth. Their Pli over the Americas there's numerous volcanoes sending



Lake liopango. Photo: Douglas Carranza

More recently, on June 22, 2023, The US Supreme Court ruled that the US did not have any treaty obligation to allocate Colorado River water rights to The Navajo Nation.

systems in the world. After the 1944 treaty between the US and Mexico, the US allocated 1.5 million acre feet of water, or 9.1% to Mexico each year. In 2018, Constellation Brands, the third largest US Brewer threatened to use the majority of the allocated Mexican water for American's beer as they built a massive plant in the Mexican border city of Mexicali. Heavy protests over the years have led to the plants' planned relocation to the interior of Mexico in 2023-2026.

The Colorado River / El Río Colorado

The Colorado River (El Río Colorado) is a 1450 mile long river

that flows through seven US and two Mexican states. For at

least 8000 years, the river basin has been home to Native

Americans. Dammed by the US in 1935, the Colorado River

ends in the US at the All American Canal, at the base of the

US Mexico border wall in Calexico, CA. Running parallel to the

border, the canal creates deadly rip-current conditions where

over 500 migrants have perished upon entering the US. The All

American Canal and its systems are the largest irrigation canals

one of the driest on earth. The agricultural runoff from the canal

in the world, bringing water to farmlands in an area previously

feed into the Salton Sea, considered by most to be the largest

The Colorado River and its neighboring Rio Grande are current-

ly considered one of the most controlled and disputed river

environmental disaster in California history.

noitetnemucob toejorq 208MA lecate border wall by Gina Clyne.

The US/Mexico Border

migrated from its original location to its current location in the and 1//6. Atter the United States invaded Mexico, the border United States were established as modern nations in 1821 The US / Mexico border was created when Mexico and the

However, this region is a region of transborder traditions, year 1848 and it continues to move.

cultures and the border has not always existed.

American and the Caribbean. future workforce in the Central Caribbean and modified the thousands of workers from the Rica, and Guatemala, relocated Honduras, Nicaragua, Costa ni (8661-0881) znoitstnalq The creation of the banana 8661-0881

Salvador, Nicaragua, and Honduras.

of millions of people in Guatemala, El

Civil wars and regional displacement

modification of the cultural identity of

El Salvador forcing the erasure and

ri betenissesse erew seitinummoo

than 20,000 members of the Nahuat

and coffee farms. Nicaraguans. More

Panama Canal, banana plantations entire communities to work in the

ica torced the regional migration of

Military dictatorships in Central Amer-

the original people.

1930 -1945

Migrations (people's movements) The XX century Central American





More about Borders



January 1932

he was hung from a tree in

reliciano Ama, moments before

The leader of the Pipil people,

The French government abandoned the canal project, and the workers were left in the future republic of Panama.

Between 1904-1914, the US constructed the Panama Canal and supported the creation of the new republic of Panama that also brought more people from the Caribbean and the United States to work and finish the most destructive ecological project in the region during the XX century



Image by Douglas Carranza



Bluffton University @ 2004 Mary Ann Sullivan 736 to 742 CE face of the ruler U Pakal ent ration XIX eldmeT mort Holychrome stucco panel in Chiapas, Mexico.



was the symbol of King Pacal's power: the water lily. to flood the fields and even to grow the flower that terranean waterways with locks that allowed them ancient Maya of Palenque constructed complex subtood for all the people who lived in Palenque. The waters, that is, to irrigate in order to produce enough of King Pacal, was known for its ability to move the city of Palenque. Palenque, under the leadership of waterways. One example was in the ancient Maya Ancient peoples were able to build complex systems water in order to produce tood and to nurture lite. Irrigation is the ability to control the movement of the

Irrigation and waterways

The Panama Canal

The construction of the Panama Canal required the destruction of the northern tip of the Andes using dynamite. It also required leveling two oceans that at this juncture are not at the same sea levels. The construction of the Panama Canal required the construction of a series of locks capable of elevating and lowering cargo ships in order to accelerate global trade at the cost of human casualties.

This passage and the control of global trade was desired by the Spaniards since the 1500s and the French in the 19th century. The construction of the Panama Canal by the French brought thousands of Jamaicans, and Caribbean workers as well as large numbers of Chinese construction workers. Over 20, 000 workers died in the process.



The Rio Grande is one of the longest rivers in the Americas and different communities have been nurtured by its fertile lands for over 12,000 years. Its waters are considered sacred for Native American peoples. They flow in lowlands and in high elevation mountain regions, and they flow long distances. The Rio Grande is the main water source for several states in what are now both Mexico and the United States. It has played an important role in trade and transportation, and in navigation. However, since the mid 19th century the Rio Grande (Rio Bravo) has become a marker for the US/ Mexico border. becoming a symbol of segregation, persecution, violence, and death. Thanks to anti-immigrant policies such

The Rio Grande / El Río Bravo





Photo by Suzanne Cordeiro /AHP via Getty Images the Rio Grande border with Mexico in Eagle Pass, Texas, Migrants in August 2023 walk by a string of buoys placed on the water along

deaths along the Rio Grande. riverbed which will increase the number of immigrant feet of the middle of the Rio Grande, with anchors in the to stop migrants in 2023. The buoy barrier covers 1,000 State of Texas installed floating razor wire buoy systems borderlands via the Rio Grande at great human losses. thousands of migrants have died trying to cross the In El Paso, lexas and "Operation Gatekeeper" in 1994, as Clinton's 1993 "Operation Hold the Line" implemented

The civil war in El Salvador was the result of people asking for better social and economic conditions. They were repressed countries such as Costa Rica. Mexico. and Belize. But the malive in this country. They also migrated to Spain, Sweden and

1970-1992 by the military dictatorship where more than 80,000 were killed. The Salvadoran population migrated to neighboring jority migrated to the US, today almost 3 million Salvadoran Italy where today represent almost 225,000 people living in those countries. There is also a large colony of Salvadorans living in Australia.

Civil war in Nicaragua that ended the Somoza family dictatorship in 1979. More than 125,000 Nicaraguan were killed, and

Photo by Douglas Carranza

1961-1990

hundreds of thousands migrated mainly to the US.

future workforce in the Central Caribbean and modified the thousands of workers from the Rica, and Guatemala, relocated Honduras, Nicaragua, Costa ni (8001-0881) anoitatnalq The creation of the banana 8661-0881

Migrations (people's movements) The XX century Central American

More about Borders

Central American Migrations in the XXI century

1998-2002.

Thousand fled to the US due to environmental hazards such is the case of hurricane Mitch in 1998 that devasted Honduras and Nicaragua destroying the banana plantations and killing almost 30,000 people. In 2001, El Salvador was hit by two powerful earthquakes that added uncertainty to the fragile economy of the population.

2008-2023

Massive migration mainly to the US due to gang violence in El Salvador, Guatemala, and Honduras. Families joined massive concentrations of people that together marched in caravans through Mexico toward the US.

2018-2023

Tens of thousands of Nicaraguans fled the country due to political instability.



Nahuat School, Nahuizalco, 2023 Photo by Douglas Carranza

Central American migrations to Mexico and the United States

The massive migration of Central American peoples to the United States began in the 1980s as a result of the civil wars that took place in El Salvador and Guatemala. These wars, which were largely funded by the United States, turned civilian populations into targets of disappearances, human rights violations and murder. The majority of the immigrants who came in this decade and in the first few years in the 1990s were escaping these wars and were traumatized by the violence they had endured. They worked hard to bring their families and also to turn their homes into safe havens for other immigrants who continued to arrive. After the wars ended other reasons generated the continued migration of

immigrants: the need for family reunification, but also poverty and other forms of violence.

In more recent decades immigrants from Central America continue to leave their countries of origin searching for opportunities, safety, the reunification of their family and escaping gang and institutional violence. In Mexico and in the United States they other forms of violence: sexual assault, organized crime, drug violence, and kidnappings. Immigrants are often turned into commodities and their lives and their well-being are traded for profit.





ΝΨΟ Αυογ αλοιηψου

Follow the instructions on the QR code Print, stitch and cut your own book.





Salvador, Nicaragua, and Honduras. of millions of people in Guatemala, El Civil wars and regional displacement

modification of the cultural identity of El Salvador forcing the erasure and

communities were assassinated in

than 20,000 members of the Nahuat

and cottee tarms. Nicaraguans. More

Military dictatorships in Central Amer-

Panama Canal, banana plantations

entire communities to work in the ica forced the regional migration of

American and the Caribbean.

the original people.

1930 -1945

to the United States, People from all over the country but, especially, from poor, rural communities in the southern part of the country. They migrate escaping the violence. Since 1848, people from Mexico were trapped within the new US/Mexico border and were force to initiate a processes of family exchange and communication from both sides of the border. As a result, often times their identities were recreated. The Mexican revolution of 1910 also generated a massive migration that culminated in the resettlement of many families in the border cities in the US and beyond. In the 1942 an arranged agreement between the governments of the two countries created the Bracero Program that

Mexican people also migrate

mobilized millions of Mexican rural workers to US and was extended with legal modification and restrictions until 1964. The economic disparity in southern Mexico has forced the movement of entire indigenous communities to the US. Today hundreds of thousand Zapotec, Mixtec, Maya, Purepecha, Coca, among others continue to migrate and establishing a transnational movement that has become permanent.

Photo by Leonard Nadel. Bracero workers being fumigated at Hidalgo Processing Cen-ter, 1956. From the National Museum of American History



Mexican migration to the United States

Reparations

security, tood, education, or political participation. them access to basic human rights such as healthcare, job documents and they lack a path to legalization that will give grants continue to live today unprotected because they lack -immi neoixaM bne neoiram American and Mexican immi-

human trafficking, worker exploitation, etc. separation, cages, immigration detention centers for profit, for the treatment they receive in the United States: family out of their countries by war and economic violence but also Immigrants are not only owed reparations for being forced

this country. tributions to the life, the landscapes, and the human tabric of In spite of this, immigrants prosper and make enormous con-

Solidarity

ers, they till the hearts of immigrants with gratitude and Joy. ous acts of solidarity, support from known and unknown oth-Immigrants have taced enormous obstacles but also numer-

Examples are:

- Artist Call against US Intervention in Central America - The Central American solidarity movement
- Las Patronas

Instructions for printing and folding your own zine

Printing

- Print on tabloid size paper: 11 x 17 inches
- We recommend using a regular printing paper and not cardstock
- Print pages: 1 7
- Print pages single-sided
- Remember to print the pages as landscape
 and not as portrait
- Select "fit to page"
- After printing follow the folding instructions
- Stack all folded spreads to make one large book
- We invite you to stitch or alter your book in your own way.
- Send images of your finished book to: ambosproject@gmail.com

